



# Diversity Welcoming

## Beyond LGBTQIA+

### **Diversity Welcoming**

This means diversity that is physical, mental, cultural, ethnic, racial, and so forth. I believe we all deserve to enjoy our birthright of chosen enjoyments and self-agency, whether expressed in explicitly "sexual" forms or not. I strive for cultural competency and humility but know that there is always room for improvement. I know my own disability does not grant automatic knowledge of other people's struggles.

### **LGBTQIA+ Welcoming**

I am committed to honoring all aspects of human sexual and gender diversity, including those aspects which are other than cisgendered and heteronormative. (This includes forms of asexuality, objectum sexuality, etc.) See GSRD below.

### **Introducing a new term: GSRD.**

A colleague recently introduced me to the acronym GSRD, which stands for "gender, sexuality, and relationship diversity." This may be a handy alternative term for LGBTQIA++. Expect to see it around.

### **Nonjudgmental, Sex and Pleasure Positive**

I am here to support you in your individual pursuits of pleasure and self-empowerment.

### **Social Justice & Anti-Racist**

I strive to understand the impacts of larger societal pressures and traumas engendered by systemic racism and personal bigotry, sexism and misogyny, transphobia, homophobia, classism, ableism, and so forth. Again, I know there is always room for improvement. However, you can speak to me frankly without worrying that I am too "fragile" to listen and understand. Fear no tears from me.

I honor Black lives, Brown Lives, Indigenous Lives, and the Lives of other People of Color. And yes, Trans Lives and Black Trans Lives. This isn't virtue signaling--it's a commitment to these values in my private practice.

### **Polyam & Non-Monogamy Welcoming**

I welcome people who are in non-monogamist relationships, and am prepared to address the resulting complexities and issues in a context beyond "couples."

FYI: I am using "polyam" as shorthand for "polyamory" instead of "poly" as many Polynesian people, who have used "poly" for decades as an identifier, would prefer non-Polynesian polyamorists to adjust their terminology.

### **Kink-Aware and Welcoming**

I have been listed in the National Coalition for Sexual Freedom's "Kink-Aware Professional" listing for several years.

### **Pagan Welcoming**

People of all spiritual traditions are welcome, but there is a particular need for Pagan-appropriate care. I offer that.

### **Adults Only**

That said, I only work with people age 18 and above. I believe work with adolescents requires specific additional training, which I do not have.

